



## Utitshiuau pimishkauatsheuatsh

1. Nite web sportplus mashinahutishunanun kie apu tshishikashutau ka uitshuitau :

Mashinateu nite [www.mashteuiatsh.ca](http://www.mashteuiatsh.ca) eshi mashinahutishunanuatsh kie eshi tshishikashutau ka uitshauitau

Metueutshuapihtsh Uashassihtsh minashtakan 7h30 titapaikaneiatsh aluash 8h30 titapaikaneiatsh min pushk

2. Nishuatsh kamamu-uitsheututau tshe metuetau kie takunilu tshe kanavelitikau utuianuau mak tshikamuhtatau kamussipalinatedsh.
3. Patush peik<sup>u</sup> aven18 tatupipuneshit nitshenatsh ka uitshauitau
4. 10 tipahikanissa takunilu tshe tatau (Boivin uashau) eshk eka metuetau tshetshi pehtikau tan eshi nashekanitsh tshe metuanuatsh.
5. 9 tipahikaneiatsh mak miam apihta-tshishikatsh minashtakan 9 Shetan-pishim<sup>u</sup> 2023 tshitshapalu pahpeik umehe tshe uitshauinatedsh 2km kapimishkatau, mak nitshenatsh alu katshishapalitou, kautshipatakanitsh ush mak utitshiuau kapimishkauatshetau.
6. Nanahku-metueuna ututuau tshika apishtakanalu ne tshe uitshauinatedsh.
7. Utitshiuau pimishkauatsheuatsh
8. Takunilu tshe tshikamuhtatau kamussipalinatedsh mak nelu tshe nashtunuakanit ne ka uitshauit.
9. Ne kanikanapit metueunilu uil uhtam tan miam tshitshapalinatedsh e uitshauinatedsh.
10. Taunakanun nitshenatsh patama tshe tshitshapalitou eshk eka uitshauinatedsh.
11. Ushkatsh nelu unashkuatsh ututau tshe pashitahakau katshishanautshitakanitsh nitshenatsh tshe kaniutau.
12. Kaveshtatau metueunilu tshipatshi kapatishaneuatsh ne aven ka akushiunakushit.
13. Tshika taunakanun nitshenatsh tshe uitshauitau.