



## Eshi nashekanitsh ne alu milekash uiushit Napeuatsh mak ishkujeuatsh

Aluash 5 Shetan-pishim<sup>u</sup> 2023 nite web sportplus takuan tshe mashinahutishunanuatsh

Mashinateu nite [www.mashteuiatsh.ca](http://www.mashteuiatsh.ca) eshi mashinahutishunanuatsh kie eshi tshishikashutau ka uiushutau.

- Makie mashtel-atushkan 8 Shetan-pishim<sup>u</sup> 2023 uhtanatsh metueutshuapihtsh Amishkuisht nite miam tshe uiushunanuatsh 7h30 h30 tipahikan min pushk aluash 8h30 tipahikan min pushk
- Tahtua tshish uiushunanuatsh 15 tipahikanissa milakanuatsh nitshenatsh kavi mashinahutishutau.

1. 30\$ tshishikashu peik<sup>u</sup> auen ui mashinahutishit
2. Mamishkuatsh tshe eshi uiushunanuatsh : ne alu tshe tshishapalit, ne alu kashuhtsh utet mak ne alu milekash uiushit.
3. 15 tipahikanissa takunilu tshe tatau eshk eka uitshutau tshetshi uelitau tshe uiushitau
4. 8 tipahikaneiatsh aluash 4 tipahikaneiatsh e apihta-tshishikatsh minashtakan 8 Shetan-pishim<sup>u</sup> 2023 tshika uiushunanun kie ne nikanapit e uitshavinanuatsh tshika uihtam ne tshishik<sup>u</sup> tshek tipahikan miam tshe uiushunanuatsh.
5. Takunilu ne tshe uiushit tshe talitsh auelu tshe uitshikut tshe pahtshutet.
6. Takunilu pahpeik ka uiushutau tshe uitsheukutau ka nanakatshitat e uiushunanuatsh.
7. Ne ishaviushunanuatsh ne alu milekash tshe uiushut 300 tipapekahikana napeuatsh mak 200 tipapekahikana ishkujeuatsh.
8. Apu tshi nita nikauit ne kaviushit MUK PEIKUAU MILAKANU ALUASH 5 SECONDES TSHETSHI UEUETANIK.
9. Takunilu tshetshi taship miutiapi ushtikuaniapahkashit. Tshek kushtanetakunalitsh u miutiapi ne ka nanakatshitat e uiushunanuatsh tshipatshi uihtam tshe pulit ne kaviushit.
10. Takunilu kaviushutau tshe itashpishutau tshetshi eka ahpanehutishutau e uiushutau (miam : uitshaviussina)



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11. Kaveshatau metueunilu tshipatshi kapatishaneuatsh ne auen ka akushiunakushit.
12. Apu tshika uhtsh anuelimakanitau nitshenatsh kaveshatau e uiushunauatsh tshek pikupalilitsh nelu ka apishtatau nitshenatsh kaviushutau.
13. Tapuetuakanuatsh pahpeik kaviushutau avelu tshe kashikuenat.
14. Tshek eka nashtutatishunanuatsh makie eka milu-nashakau eshi uiushunauatsh nitshenatsh ka uiushutau tshika mamupuatsh peik<sup>u</sup> kuhpaniesh uhtsh Uelutishiun mak Ilnu-aitun, peik<sup>u</sup> kanikanapit uhtsh Mamuhitunanu metueun mak peik<sup>u</sup> Pekvakamiulnu ashitsh ka tipelitikau e uishunauatsh tshe milu-tshitapatakau. Umashtel aimunuau tshika pashtinamuatsh kie apu tshika utsh kau tshi kuetshimakanitau.