

**Eshi nashekanitsh**  
**Uitshauinuatsh ne alu milakash pimishkanuatsh mak alu**  
**tshishapalitau 2024**  
**AUENITSHE ALU E TSHISHAPALITAU E PIMISHKATAU**

**1. TAN TSHE EISHI NASHEKANITSH**

- 1.1. Nishun e ui mashinatihutishiek :  
**Atusseu-tshitapatakanit** luash 4 shetan-pishim<sup>u</sup> 2024 nite [www.grpn.ca](http://www.grpn.ca)  
**Nete ka metuanuatsh minashtakan** 7 shetan-pishim<sup>u</sup> 2024 nite uashassihitsh.
- 1.2. Auen e ui pushupalit takuan tshishakassinitat kie mashinatahutishit nite atusseu-tshitapatakanit, mashinaikan « Mashinatahutishiek nite mashinaikanihtsh Kutshipashitishunauatsh ».
- 1.3. Papeik<sup>u</sup> ka mamu metuetau, e nishutau, tshishtin tshe takuatsh e tshikumutaiek matilet e mussapalitsh (VFI).
- 1.4. Takuan peik<sup>u</sup> auen etatu 18 itatupipuneshit.
- 1.5. Ka atusseshtakau e metuanuatsh tshipa tshitutakau eka nass utinakanitau auenitshe usham tshipa tshi eka iakuan tutakau ui pushutau nite kakutshipashitishunauatsh, eka miam ishinakushit, alimihut makie tan e uashpishit.
- 1.6. Papeik<sup>u</sup> ka mamu metuetau takuanilu **tshetshi tat 30 tatupahikaniss eshkueka tshitshipalit e metuanunilitsh** nete Uashassihitsh tshetshi milakanitau tan tshe eishi nashekanikau.
- 1.7. E tshitshipalit ne papeik<sup>u</sup> e kutshipashitishunauatsh 9:00 luash 15:00 minashtakan 7 shetan-pishim<sup>u</sup> 2024
- 1.8. Ne tshitshipalitakanitsh ne katipelitak tshika uauitam<sup>u</sup> tan ishpish tshipa tshitshipalit.
- 1.9. Tshika taunikanu auenitshe tshe tshitshipalitatau nishtam<sup>u</sup> nete assihitsh eshkueka tshitshitaplit e pimishkanuatsh.
- 1.10. Ne e pipamishkanuatsh ume ishinakuan :
  1. Pimishkanuatsh 1km ishkuatsh tapahikan mamu napeu mak ishkuue, lashuk itatupipuneshutau ushkatsh tapahikan e kutshipalitatau :
  2. Pimishkanuatsh 2km ishkuatsh tapahikan mamu napeu mak ishkuue
  3. Pimishkanuatsh 5km ishkuatsh tapahikan mamu napeu mak ishkuue
  4. E tshshapalitau e pimishkanuatsh 150 mitshitshina ishkuatsh tapahikan mamu napeu mak ishkuue.

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5. Kukuetshipalihitunanun ashitsh ka tshishpikatsh pishaniapi kautshipatakanitsh ush – nanaku metueuna ututa.
6. Pipamishkanuatsh ashitsh utatshia – nanaku metueuna ututa.
  - A. Tshika uilakanuatsh kie atamishkuakanuatsh nitshe kakaniutau nite kanukutakanitsh Uashassitsh 16 :00.
  - B. Tshek ma eka tapuetakanitsh makie eka ishpitelitakau ne tan tshe eishi nashekanitsh, ka mamu atusseshtakau metueuna tshika tutakanu kutak ka mamu atusseshtakau eka miam e nashekanitsh metueuna ashitsh ka ashu takuhimatshanuatsh nanaku aluepuna, metueun kie ilniun ilnussitsh. Nitshe ka mamu atusseshtakau mashtel tshika utinimuatsh utaimunuau kie apu kau tshitshuetimatau.

**7. TAN TSHE EISHI NASHEKANITSH – USHKATSH TSHE KUTSHIPALITATAU**

- A. Auashuatsh uta nitshe ka mamu atusseshtau.
- B. 2 auenitshe lashuk 20 kaitatupipuneshutau.
- C. Ushkatsh e kutshipalitatau. Eka nass pushupalitau kassinu metueuna ne GRPN.
- D. 1 km ishkuatsh tapahikan tapahikan
- E. Nitshe kakaniutau e pimishkatau nishtam<sup>u</sup> nass nikanitsh ut tshe papilit katshishtatau.

**8. TAN TSHE EISHI NASHEKANITSH – UT 2 KM ISHKUATSH TAPAHIKAN / 5 KM ISHKUATSH TAPAHIKAN / E TSHISHAPALITAU 150 M ISHKUATSH TAPAHIKAN**

- A. Kutshipashitishunanutsh kaishkuatsh 2 kie 5 km kie ne e tshishapalitsh 150 mitshitshina ishkuatsh tapahikan, kie kassinu kametuanuatsh ashitsh uta.
- B. Takuan tshetshi ishkuatsh tapahikan ne ut 16 kie 20 ushita, patshian ut kie ilnu-ut. Papeik<sup>u</sup> ka mamu pimishkatau tshipa tshi takuanilitsh ututuau : Ashpahikan ushtikuan kie tetaut apikan.
- C. Nitshe kutshipashitishunanutsh ashitsh ut takuanilu tshetshi kueshte uluitamihitsh ne tutana katakuatsh Pekuakamihtsh.
- D. Nass apu tapuetakanitsh tshetshi tashtshinekanitsh ututuau kutakatsh katshipashitishunanutsh tshetshi tutakau makie shetshel kutipishkuakanitsh kutak kapimishkatau.

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- E. Nass apu tapuetakanitsh tshetshi nikahakanitau kutakatsh katshipashitihutishinuanatsh katshi pitepalitau nitetshe ushte tuhan. Ui pashtutishiek patish uluitamihtsh e tat tuhan tshipa tshi tutenau.
- F. Tshék ma kamamu pimishkatau kuetapiuatsh kie kau ui katshipashitishunuanatsh, uiluau tshipa kueshkaputanamuatsh ututuau. (Nipihitsh makie laleu).
- G. Nitshe kakaniutau uiluau nistam<sup>u</sup> ututuau tshipapilitsh nite katshishtakanitsh.

#### **9. TAN TSHE EISHI NASHEKANITSH – KUKUETSHIPALIHITUNANUN ASHITSH KATSHISHPIKATSH PISHANIAPI**

- A. Auashuatsh uta nitshe kamamu atusseshtau.
- B. 2 kamamu uitsheututau pimishkauatsh tshetshi petatau ututuau ushte tuhan nite takuatsh.

#### **10. TAN TSHE EISHI NASHEKANITSH – PIMISHKANUATSH ASHITSH UTATSHIA**

- A. Auashuatsh uta nitshe kamamu atusseshtau.
- B. Nitshe kamau uitsheututau takuanilu tshetshi pimishkatau ashitsh utatshiuau.
- C. Kakaniutau patish nistam<sup>u</sup> ututuau papilitsh nete katshishtakanitsh.